

Educational Catering, Inc.

Daily menu plates are reviewed and approved by "Dieticians for Health Care," Jayne Gilbert, M.Ed, R.D., L.D.

Grades 1 through 5 – All Meals Cost \$3.50

LS Students receive one meal choice and one beverage.

All meals are served with fresh fruit.

Orders will be taken in the morning by each teacher.

Meal Choice (one of the following):

Daily Entrée listed above
Baked Potato
Garden Salad
Chicken Caesar Salad

PB & Jelly
Turkey Sandwich
Hot Dog
Ham Sandwich

Beverage Choice (one of the following):

100% Juice
Bottled Water
Milk
Chocolate Milk

Grades 6 through 12 – Daily Entrée \$3.75 (Meals listed above)

FROM THE DELI (items are served daily):

Cold Deli

Hoagie3.25
Ham..... 2.65
Turkey2.65
Tuna2.95
Peanut Butter/Jelly ..1.75
Ham & Turkey2.65

Hot Deli

Hot Press Sandwich ..3.25
French Bread Pizza ...2.25
Meatball Sandwich3.75

Drinks

½ pt. Milk..... .55
Pint Milk..... 1.15
16 oz. Drink..... 0.85
Bottled Water..... 1.00
Bottled Drinks..... 1.50
½ pt. Choc. Milk..... .65
Asst. Fruit Juice65

Pre-Made Salads

(Minimum 3 salads available per day)
Chef..... 3.75
Tossed..... 2.75
Chicken Caesar..... 2.75
Tuna Pasta.....3.05
Pasta Salad..... 2.90

Baked Potato Bar3.25
Fruit and Salad Bar..... 3.50
Quiche of the Day1.75
Soup of the Day2.00

Snack Items

Fresh Fruit or Dessert..... .080
Marshmallow Treats1.00
Granola Bars..... 1.00
Potato Chip (Variety).....0.65
Baked Dessert..... 1.00
Fresh Baked Cookie (2)65
Frito Pie1.50
Nacho w/Cheese1.50
Ice Cream Bars1.00-2.15
Misc. Snack Items0.50-1.50

A La Carte

Bar B Que Rib Sandwich..... 2.10
Chicken Patty Sandwich..... 2.50
Steak Fingers..... 2.25
Fresh Baked Roll/ Bread..... .50
Croissant or Sweet Roll..... 2.50
Hot Dog1.25
Chili Dog..... 1.75
Hamburger..... 2.75
1/4lb Bacon Cheeseburger. 3.45
Cheeseburger..... 3.25
Corn Dog..... 1.55
French Fries1.00
Curly Fries..... 1.50
Bread Sticks..... 1.00
Single Entrée..... 2.25
Side Order Vegetable.....1.10
Veggie Burger..... 2.75